



International District/Chinatown Community Center

719 Eighth Avenue South ☎ Seattle, WA 98104 ☎ 206-233-0042

Fax 206-233-5036 ☎ TDD 206-233-7061



*King County Councilmember Bob Ferguson plays chess
with kids at the International District/Chinatown Community Center.*



WINTER 2007



REGISTER ONLINE - it's easy!

www.seattle.gov/parks



SPARC

International District/Chinatown Community Center

719 Eighth Avenue S

Seattle, WA 98104

Phone: 206-233-0042 Fax: 206-233-5036

TDD only: 206-223-7061

Visit us online at www.seattle.gov/parks!

Hours of Operation

Monday, Wednesday, & Friday	11 a.m. to 9 p.m.
Tuesday & Thursday	1 to 9 p.m.
Saturday (until May 26, 2007)	10 a.m. to 5 p.m.
Sunday	Closed

Program registration

Begins Monday, December 4, 2006. Register now for basketball.

Program dates

January 8 – March 31. Classes begin the week of January 8, 2007 unless otherwise specified.

Holiday closures

Monday, January 1, New Year's Day

Monday, January 15, Dr. Martin Luther King, Jr.'s Birthday

Monday, February 19, Presidents' Day

The Pro Parks Levy is Making a Difference in Your Community

With funding approved for this eight-year levy by Seattle voters in 2000, we're building new parks, enhancing maintenance, and expanding programs throughout the city. Our recreation facilities are providing innovative teen programs that enhance self-esteem and build life skills, more environmental education to increase awareness about the wonders that surround us, swimming lessons for all 3rd and 4th graders to make sure every Seattle child knows how to swim, a wider range of activities for seniors, and more.

We're cleaning and removing litter from our facilities and parks more often; expanding park maintenance in the summer months, when use is high; and working hard to maintain our valuable landscapes, trees, and other natural assets. Whether you prefer sports or quiet contemplation, there are more active play areas and passive park lands available for you. New things are happening every day, so keep an eye out for Pro Parks Levy signs in your neighborhood!



Pro Parks Levy

Register Online!

In keeping with our environmental stewardship policies, we're trying to reduce the amount of paper we use. We invite you to visit our web site at www.seattle.gov/parks, where you can find our seasonal brochures and register for many of our classes online.

Management Staff

Ken Bounds, Superintendent

B. J. Brooks, Deputy Superintendent

Christopher Williams, Parks and Recreation

Operations Director

Robert Stowers, Central Recreation Manager

Professional Staff

Allen Chinn, Recreation Center Coordinator

Mary Pat Byington, Asst. Rec. Center Coordinator

Traci Grant, Teen Development Leader

Dung Dinh, Recreation Attendant

The-Anh Nguyen, Recreation Attendant

Tony Jones, Custodian

Tim Pretare, Senior Adult Recreation Specialist

Mission

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate and build community.

Suggestions

We welcome your ideas. If you want to suggest a new class, or if you have an idea you think would benefit us or our community in general, please let us know.

Scholarships

Our Advisory Council wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. The Council may choose to offer scholarships for qualified applicants. To apply for a scholarship, please talk to a member of our staff.

Payment

You can pay for classes and other activities by mail, in person during regular facility hours, or by telephone with a credit card. We accept Visa, MasterCard and American Express.

Please make checks and money orders out to City of Seattle. PLEASE NOTE: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due, plus a \$20 fee. (Credit card or cash only.) You may also pay for many classes online; visit www.seattle.gov/parks.

Special Events

Flea Market

Ages 18 and older

Spectators Free!

Looking for ways to get rid of unused items around the house? Clean out your closets and cupboards of useable items to sell at the IDCCC's flea market. Buy a table, sell your items, and reap the profits. This event is open to youth and adults. All unsold items must be taken home. We have space for 15 tables, so sign up now! Sorry, no real/toy weapons will be allowed at this event.

Location: Multi-Purpose Room

#12777 Sun, Jan 21 Noon – 4 p.m. \$15/table

Card, Comic, and Toys Show

Ages 16 and older

Spectators Free!

Calling all collectors and hobbyists! Do you have sports cards, Magic cards, comic magazines, or toys that you want to sell? Buy a vendor's table at our Card, Comic, and Toys Show. Sorry, no toy weapons or guns are allowed at the show.

Location: Multi-Purpose Room

#12773 Sun, Feb 11 Noon – 4 p.m. \$15/table

Video Game Swap Meet

Ages 18 and older

Spectators Free!

Are you a video game fan? If you have any old games, consoles, controls, or magazines you want to sell or buy, then buy a vendors table at our video game swap meet. We have space for 15 tables, so sign up now!

Location: Multi-Purpose Room

#12788 Sun, Feb 25 Noon – 4 p.m. \$15/table

Table Tennis Equipment Swap Meet

Ages 18 and older

Spectators Free!

Are you looking for new or gently used equipment to buy? Do you have equipment you want to sell? Come buy a vendors table at our Table Tennis Swap Meet. We have space for 15 tables, so sign up now!

Location: Multi-Purpose Room

#12787 Sun, Mar 4 Noon – 4 p.m. \$15/table

Paintball Gear Show

Ages 18 and older

Spectators Free!

Do you enjoy the competition that paintball offers? This show gives you the opportunity to buy/sell paintball equipment. Come be a vendor at our Paintball Gear Show.

Location: Multi-Purpose Room

#12782 Sun, Mar 18 Noon – 4 p.m. \$15/table

Music and Video Show

Ages 16 and older

Spectators Free!

Calling all music and movie lovers! Bring original copies of your CDs, LPs, 45s, 8 tracks, VHS, Beta, VCDs and DVDs to the Music and Video Show. Individuals are welcome to buy a table and sell. Sellers and buyers from all over the area will be there! Buyers, find that old familiar song/movie that you've been waiting to experience again.

Location: Multi-Purpose Room

#12779 Sun, Mar 25 Noon – 4 p.m. \$15/table

Spring Candy Hunt

Ages 12 and under

Free

The Candy Hunt will happen rain or shine! Children ages 12 and younger will be sent in separate, age-appropriate groups. Meet at the community center gym **no later** than 15 minutes before your hunt. *The hunt is compliments of the International District/Chinatown Community Center Advisory Council.*

Sat, Apr 7	Ages 3 and under	10 – 10:30 a.m.
	Ages 4 to 6	10:30 – 11 a.m.
	Ages 7 to 9	11 – 11:30 a.m.
	Ages 10 to 12	11:30 a.m. – Noon



Youth & Teen Programs



Kiddie Kung-Fu

Ages 5 to 8

Learn basic blocks, strikes, and kicks. This class helps develop coordination and confidence!

Location: Multi-Purpose Room

#12708	Fri	5:30 – 6:15 p.m.	1/12 – 2/9	\$40
#12713	Fri	5:30 – 6:15 p.m.	2/16 – 3/16	\$40

Kiddie Kickboxing

Ages 5 to 11

Kick, punch, and develop coordination and skills. You'll learn lots of drills and exercises! Participants should wear comfortable, loose clothing. Tennis (athletic/sport) shoes are a must. Master Allen Chinn has 42 years of experience in the martial arts.

Location: Multi-Purpose Room

#12694	Tue	4:30 – 5:15 p.m.	1/9 – 2/6	\$40
#12695	Tue	4:30 – 5:15 p.m.	2/13 – 3/6	\$40

Youth Table Tennis

\$1 drop-in

Age: 12 and younger

Learn proper form and technique – practice and more practice!

Saturdays

11 a.m. – 12:30 p.m.

Friday Arts and Crafts

\$1 drop-in

Age: 4 and older

Join us Fridays for arts and crafts projects. This is a drop-in program, so feel free to stop by anytime, but we ask that parents stay with their children. Max 18.

Instructor: The-Anh Nguyen

Fridays

6:30 – 8 p.m.



Self-Defense & CPR Workshops



Modern Women's Self-Defense Workshop

Ages 16 – 75

Review basic blocks, strikes, and kicks, and develop mental attitude and awareness. This advanced workshop will cover self defense tools (such as pepper spray and expandable batons). Greater emphasis will be placed on a moving "aggressor" in a RedMan protective

suit. Participants will have the opportunity to strike and kick the armored attacker in counter-offensive exercises. Please wear loose fitting clothing and tennis shoes. This is a 2-hour workshop specifically directed toward individual businesses and organizations. ***Price is per group or organization.**

Location: Multi-Purpose Room

#12728	Tue	1 – 3 p.m.	1/2 – 3/2	\$275*
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Community CPR Class for Businesses

Ages 16 and older

Do you want to learn how to save a person's life? Then come learn the techniques of basic cardiopulmonary resuscitation (CPR). We offer this class through the Seattle Fire Department's Medic Two Program. This class does not meet the requirements of WISHA. Please check with your employer if this class will meet your worksite requirements.

Please call 206-233-0042 to register.

Location: Multi-Purpose Room

#13292	Wed, Jan 25	11:30 a.m. – 1:30 p.m.	Free
#13293	Wed, Mar 21	11:30 a.m. – 1:30 p.m.	Free

Youth & Teen Athletics



IDCCC Basketball – Citywide

Girls Ages 14 to 17

Calling all basketball players! Gather your friends together and form a team. Practices are during the week and games are on Saturdays. **You need to register at the community center for this program.**

#10101 Mon – Fri 3 – 9 p.m. 11/27 – 3/30 \$65

Location: Gym

Chess Club

Free

Ages 5 to 18

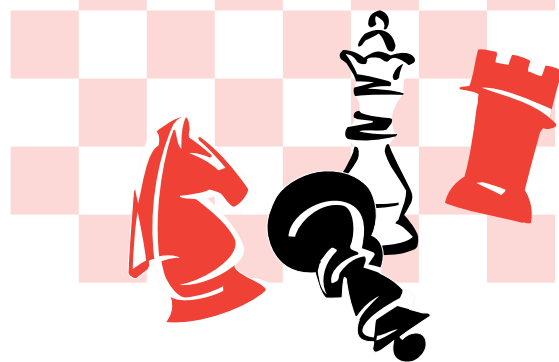
Come try your luck at chess. All levels are welcome. Knowledgeable players will teach beginners. Note: we need experienced players to volunteer to teach our beginners. Please contact the community center if you're interested.

Tue/Thu

4 – 6 p.m.

1/9 – 3/29

Location: Lobby



Open Gym

Open Table Tennis

\$2 drop-in*

Age: Adult

Mondays

11:30 a.m. – 1:30 p.m.

Monday/Friday

7 – 9 p.m.

Wednesdays

6 – 9 p.m.

Fridays

11:30 a.m. – 1:30 p.m.

Saturdays

1 – 5 p.m.

Open Badminton

\$2 drop-in*

Thursdays

5 – 7 p.m.

Saturdays

10 a.m. – 1 p.m.

Open Basketball

\$2 drop-in*

The gym may be divided into two shorter courts when the number of players is high.

Free Shoot (*Adults Only Times)

Monday/Wednesday/Friday*

11 a.m. – 1 p.m.

Monday/Wednesday/Friday*

6 – 9 p.m.

Monday/Wednesday

1 – 6 p.m.

Fridays

1 – 6 p.m.

Tuesdays/Thursdays

1 – 4:30 p.m.

Saturdays

1 – 5 p.m.



*Open Gym Information

The City of Seattle charges an Adult Sport Drop-in fee of \$2 per session for adults and \$1 per session for seniors age 65 and older. There is no charge for youth 17 years and younger. Please bring picture I.D. for age verification.

Adult Programs

Qi (Chi) Yoga

Ages 18 and older

This is a unique class combining Hatha Yoga and Qi Gong (Chi Kung), creating a balanced and calming yoga session. This class is taught as a yoga flow, or vinyasa. However, unlike other vinyasa, or power yoga classes, students will not feel tired, worn out, or out of breath. Although the class is not strenuous, it builds physical strength and strengthens your Qi. This class will leave you calm and relaxed, with a heightened level of energy. Qi Yoga gives you the benefits from both Yoga and Qi Gong.

Location: Multi-Purpose Room

#12785	Mon	5:15 – 6:30 p.m.	1/8 – 2/26	\$36
#12786	Mon	5:15 – 6:30 p.m.	3/5 – 4/9	\$36

Basic Adult Table Tennis Lessons

Ages 18 and older

Come learn the basic techniques of table tennis. We will cover equipment selection of blades and rubber. Start out the correct way with proper technique and good equipment. Please bring your own equipment.

Location: Multi-Purpose Room

#12543	Fri	12:30 – 1:30 p.m.	1/12 – 3/16	\$40
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Expandable Baton Training

Ages 16 and older

Develop confidence and learn the proper use of the expandable baton. This training will cover the many defensive uses of the expandable baton. Topics include carrying and gripping methods, use of force, and easy to learn street-proven techniques.

Please provide your own baton or practice stick of 16", 21", or 26".



Location: Gym

#12800	Thu	7:30 – 8:30 p.m.	1/11 – 2/15	\$60
#12801	Thu	7:30 – 8:30 p.m.	2/22 – 3/29	\$60

Capoeira

Ages 15 and older

Capoeira, which originated in Brazil, is a dynamic expression of Afro-Brazilian culture. It can be found in many countries throughout the world. It is an art form that encompasses martial arts, dancelike elements, and acrobatic movements, as well as its own philosophy, history, culture, music, and songs. This class is instructed by Marcos Fernandes, known in Capoeira as Instructor Risco, under the guidance of Mestre Gato from Rio de Janeiro.

Location: MPR- B

#13294	Tue	5:30 – 7 p.m.	1/2 – 1/30	\$35
#13295	Tue	5:30 – 7 p.m.	2/6 – 3/6	\$28
#13296	Tue	5:30 – 7 p.m.	3/6 – 4/3	\$28

Kickboxing for Self-Defense and Exercise

Ages 16 and older

Get your heart rate up with lots of drills and exercises!!! Kick, punch, and develop coordination and skills!!! Participants should wear comfortable, loose clothing. Tennis (athletic, sport) shoes are a must. Master Allen Chinn has 42 years of experience in the martial arts.



Location: Multi-Purpose Room

#12584	T/Th	5:30 – 6:30 p.m.	1/9 – 1/30	\$50
#12692	T/Th	5:30 – 6:30 p.m.	2/1 – 2/27	\$56
#12693	T/Th	5:30 – 6:30 p.m.	3/1 – 3/29	\$63

IDCCC Martial Arts Association

8 Animal 8 Methods Kung-Fu

Ages 18 and older

Develop speed, power, coordination, and discipline through the art of Yee Jong Pai Kung-Fu. Learn the effective, classical techniques from the style of Eight Animals and Eight Methods. Practitioners will develop fluid flowing power and specialty techniques. The instructor is the Chief Instructor of this highly effective martial art.

Location: Multi-Purpose Room

#12540	T/Th	7 – 8:30 p.m.	1/2 – 1/30	\$56
#12541	T/Th	7 – 8:30 p.m.	2/6 – 3/1	\$64
#12542	T/Th	7 – 8:30 p.m.	3/6 – 3/29	\$58



General Information

You Can Make a Difference!

The International District/Chinatown Advisory Council is a group of citizens dedicated to the enrichment of our community. Its support enables us to offer a variety of programs and services for people of all ages, abilities and backgrounds.

Our Advisory Council is always looking for new members. Meetings are held on the third Wednesday of every month at 4 p.m. to talk about programs, policies, and financial issues. Citizen direction and participation are vital to our continued success. Advisory Council members also create scholarship opportunities through grant writing and other fundraising activities. If you'd like to get involved, please contact our staff.

Most classes, workshops, sports, and special events are funded through the Advisory Council rather than through Seattle Parks and Recreation. Revenues generated through program fees offset program costs to make Advisory Council activities self-sustaining. We rely heavily on program participation, donations, and contributions to buy, repair, maintain, and upgrade program equipment and supplies.

Interested in Teaching?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please talk to a member of our staff.

Anti-discrimination

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental or physical handicap.

Accommodation for People with Disabilities

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodation, please call 206-615-0140 or TDD 206-684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

Rentals

For information about room rentals, please view our facility rental brochure at www.seattle.gov/parks/reservations/Facrentalguide.htm.

More Information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075. For more information about programs for senior adults, please call 206-684-4951, and for information about programs for special populations, please call 206-684-4950.

Lions Club

The International District/Chinatown Community Center is now a donation drop off site for the Lions Club. They are currently collecting spoons and eyeglasses for the needy.

Fees and Charges

Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees are used to offset the cost of providing the programs. Program charges include a user fee paid to Seattle Parks and Recreation to defray operating costs. Washington State sales tax is included where applicable.

Refunds

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start (or after the second session of a class), will receive no refund.
- Please read the entire policy, #7.16, for specific information.

Waiting Lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

Class Cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

Confirmations

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.

★ Check Out Our New Activities! ★

For more information about these new programs offerings, please look inside this brochure.

Friday Arts & Crafts (Age 4+) \$1 drop-in

For more information, see page 4.

Instructor: Dung Dinh

Fridays 6:30 – 8 p.m.

Chess Club (Ages 5 to 18)

For more information, see page 4.

Tue/Thu

4 – 6 p.m.

1/9 – 3/29

Free

Kiddie Kickboxing (Ages 5 to 11)

For more information, see page 4.

#12694 Tue 4:30 – 5:15 p.m. 1/9 – 2/6 \$40

#12695 Tue 4:30 – 5:15 p.m. 2/13 – 3/6 \$40

Kickboxing for Self-Defense and Exercise (Age 16+)

For more information, see page 6.

#12584 T/Th 5:30 – 6:30 p.m.

1/9 – 1/30 \$50

#12692 T/Th 5:30 – 6:30 p.m.

2/1 – 2/27 \$56

#12693 T/Th 5:30 – 6:30 p.m.

3/1 – 3/29 \$63

Facility Rentals



Meeting Room Rentals

Our facility offers several spaces for business meetings, presentations, workshops, and outreach events. We provide tables and chairs, and you set them up.

A \$250 damage deposit is required for all rentals.

More Information

Please call International District/Chinatown Community Center staff at 206-233-0042 for cost and availability.

Gym Rentals

Grab some friends and come down to play basketball in our gym! It's available on weekends and after hours.

International District/Chinatown
Community Center
709 8th Ave S
Seattle, WA 98104

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